

Dessert

# Yakult Sherbet



24 hours



3 minutes



4 serving size



5 Yakult bottles



## Ingredients

- 5 **Yakult** or **Yakult Light** bottles
- 3 oz milk
- 1-2 Tbsp honey or to taste

## How to make it

1. Add all ingredients to an empty container.
2. Use a spoon to mix in the honey.
3. Place the storage lid on the container and freeze for 24 hours.
4. Remove the container from the freezer and take off the lid. Pour the mixture into the ice cream maker.
5. Start the ice cream maker and churn until the mixture reaches a smooth, sorbet-like consistency.
6. If the texture is too firm or powdery, add a few tablespoons of milk and churn again until smooth.

### Note

If you don't have an ice cream maker, freeze the mixture in a small container or ice tray, then use a blender instead.

